

addie
palmer
spa

visit
www.addiepalmer.com



ESTHETICIAN
LICENSED MASSAGE THERAPIST

1922 ingersoll avenue
suite no. 132
des moines, iowa 50309

515.471.5074 office
515.988.4424 mobile
spagirl@addiepalmer.com

menu *of* services

FACIALS AND ADVANCED SKINCARE

european facial	75
express facial	60
teen facial	45
microderm facial	120
paraffin facial	85
eminence organic facial	75
bio-oxygen rejuvenating facial	110
microdermabrasion	95
chemical peels	65 to 150
body peels	45 to 75
double peel (micro + peel)	150
bio-roller needling treatment	110
led light therapy	35
skin scope analysis	complimentary

MASSAGE AND BODY TREATMENTS

one hour massage	65
half hour massage	35
hot stone massage	100
lomi lomi hawaiian massage	100
raindrop technique	100
sea salt scrub	55
back treatment	45

chair massages available on-site
book for your business or event

WAXING

eyebrow wax	12
lip wax	10
chin wax	10
nose wax	10
hairline wax	10
underarm wax	20
half arm wax	15
full arm wax	25
full leg wax	60
half leg wax	40
bikini wax	25
brazilian wax	45
bikini custom tailored	25 to 45
back wax	50

ADD ONS

spa foot and hand treatment	25
hands only	15
feet only	15
eye and lip treatment	25
eye only	15
lip only	15
microcurrent facelift booster	25
paraffin dip	10
bio oxygen treatment	35
honey thermal face treatment	10
honey thermal back treatment	10

IN-HOME
PET MASSAGE
NOW
AVAILABLE!



inquire for more details